

Martin Luther King Jr. Middle School

September/septiembre 2019



Important Update /Actualización Importante

Hello parents! Welcome to the new school year. We are excited to announce that our schedule has changed to allow more teacher preparation time and accommodate three parent-teacher conferences this year! **Regular day first bell is at 8:40 a.m, classes begin at 8:45am**

¡Hola padres! Bienvenidos al nuevo año escolar. ¡Nos complace anunciar que nuestro horario ha cambiado para permitir más tiempo de preparación para los maestros y para dar cabida a tres conferencias de padres y maestros este año! **Día regular la primera campana suena a las 8:40 a.m., y las clases empiezan a las 8:45am.**

Upcoming Events/ Próximos Eventos

9/3

UPDATED: NAACP Stay in
School Rally at Madera
South

9/9-9/13

NWEA Testing at MLK
(Math and English classes)

9/12

School Site Council
Meeting

9/16-9/20

Book Fair in Library

Event Highlight/ Evento destacado

Back to School Night

I want to thank all the Jaguar parents who attended our Back to School Night on August 21st. It was a huge turn out: one of our biggest!

Noche de regreso a la escuela

Quiero agradecer a todos los padres de Jaguar que asistieron a nuestra Noche de Regreso a la Escuela el 21 de agosto. Fue un gran resultado: ¡uno de nuestros más grandes!

Student or Staff Highlight/Destacado del Estudiante o del personal



Welcoming our students to the Jaguar Family!

Welcome Back!

I hope you all had a wonderful Summer. I am so delighted that you are part of our amazing learning community. I welcome and value your positive energy and dedication to excellence in education, and I look forward to working with you and your children.

¡Dando la bienvenida a nuestros estudiantes a la familia Jaguar!

¡Bienvenida!

Espero que todos hayan tenido un verano maravilloso. Estoy tan encantado de que formes parte de nuestra increíble comunidad de aprendizaje. Doy la bienvenida y valoro su energía positiva y dedicación a la excelencia en la educación, y espero trabajar con usted y sus hijos.

Sports Schedules/Horarios deportivos

9/7	Football and Cheer vs. Reedley @Reedly (9am and 11am)
9/10	Girls Golf vs. St. Anthony's @MLK (Madera Muni) @3:00pm
9/11	Girls Volleyball/Tennis vs. Kerman @ Kerman (3:30pm)
9/12	Cross Country Meet T&C Park @(3:30pm) Girls Golf vs. Tenaya @ Tenaya (Bluff Point) @2:30pm
9/14	Football and Cheer vs. Glacier Point @Glacier Point (9am and 11am)
9/16	Girls Volleyball/Tennis vs. Lincoln @ MLK (3:30pm)
9/17	Girls Golf vs. Rio Vista @ Rio (Bluff Point) @2:30pm
9/18	Girls Volleyball/Tennis vs. Rio Vista @ Rio Vista (3:30pm)
9/19	Girls Golf vs. Kerman @MLK (Madera Muni) @3:00pm Cross Country Meet; Lincoln, Selma @(3:30pm)
9/21	Football and Cheer vs. Dinuba @MLK (9am and 11am)
9/23	Girls Volleyball/Tennis vs. Glacier Point @ MLK (3:30pm)
9/24	Girls Golf vs. Glacier Point @MLK (Madera Muni) @3:00pm
9/25	Girls Volleyball/Tennis vs. Desmond @ Desmond (3:30pm)
9/26	Cross Country Meet Scout Island @(3:30pm) Girls Golf vs. Sanger @MLK (Madera Muni) @3:00pm
9/28	Football and Cheer BYE Week (no game)
9/30	Girls Volleyball/Tennis vs. El Capitan @ El Capitan (3:30pm)

Attendance Policy/Politica de Asistencia

Please call our front office to report any absences (674-4681). You can send a not with your son/daughter when they return to school.

Llame a nuestra oficina principal para reportar cualquier ausencia (674-4681). Puede enviar un no con su hijo / hija cuando regrese a la escuela.

Student Health Wellness/Salud del Estudiante

Mis-use of Prescription Drugs

Substance abuse amongst teenagers has been around for years. The misuse of Xanax, however, is on the rise. Often times teens have access to these pills by searching their parents or grandparent's medicine cabinets. Side effects of this medication include drowsiness, irritability, feelings of elation, forgetfulness, clumsiness, insomnia, weakness, headache and nausea.

School Climate and Culture/Clima Escolar y Cultura

What is bullying?

The word bully at times is loosely used, but what is bullying? According to stopbullying.gov, the definition of bullying is "unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time".

¿Que es bullying?

La palabra intimidación a veces se usa libremente, pero ¿qué es la intimidación? De acuerdo con stopbullying.gov, la definición de bullying es "comportamiento agresivo no deseado entre los niños en edad escolar que implica un desequilibrio de poder real o percibido. El comportamiento se repite o tiene el potencial de repetirse con el tiempo".

IF YOU ARE EXPERIENCING BULLYING PLEASE VISIT OUR MARTIN LUTHER KING JR. WEBSITE AND PLEASE REPORT IT. <https://www.madera.k12.ca.us/Domain/669>

SI ESTÁ EXPERIMENTANDO ABURRIDOS, VISITE NUESTRO MARTIN LUTHER KING JR. SITIO WEB Y POR FAVOR INFORMARLO. <https://www.madera.k12.ca.us/Domain/669>

If it is not bullying, then what is it?

Teasing - Everyone is having fun, no one is getting hurt and everyone is participating.

Conflict - No one is having fun, there is a possible solution to the disagreement and there is an equal balance of power.

Mean Moment - Someone is being hurt on purpose, reaction to a strong feeling or emotion, isolated event that does not happen regularly.

Si no es intimidación, entonces ¿qué es?

Burlas: todos se divierten, nadie se lastima y todos participan.

Conflicto: nadie se está divirtiendo, hay una posible solución al desacuerdo y hay un equilibrio igual de poder.

Momento malo: alguien está siendo lastimado a propósito, reacción a un fuerte sentimiento o emoción, evento aislado que no ocurre regularmente.